

Win a Makeover of Your Own!



renewingyou™
image solutions partners

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renewingyou.net

Meet the Experts

Get to know the Solutions Experts in your area.

Makeover Magic

Read about one contest winner's exciting transformation.



Good for You

Tips to enhance you -
inside and out

Good for You!

Need to De-Stress? Think about it.

"Think lovely thoughts." Remember that line from Peter Pan? It's what Peter says to the Darling children when he's teaching them to fly. And in thinking those "lovely thoughts" the children are lifted in person and in spirit to soar above the clouds.

Okay, so what's the point? Stress busting. According to some experts, one technique effective in reducing stress is thinking positive thoughts. Smile, laugh, spend some time doing something you love. Whether it's reading a book, watching a good movie, listening to your favorite music or pampering yourself with a massage – take the time to think those "lovely thoughts" and do something for yourself.

giving back

Kids faced with hair loss due to medical treatments, health conditions, or burn accidents, don't just suffer physically. The changes in their appearance can drastically undermine their self-image and sabotage their self-esteem.

For the past 28 years, Wigs for Kids™ has helped children and teenagers live a normal life full of countless opportunities and adventures. How? By calling on heroes like you to remove the obstacles that keep them from living their life to the fullest.

Your decision to partner with WFK and sponsor a child will help them look themselves and live their lives!

Please consider doing your part and Be a Hero today! For additional information go to www.wigsforkids.org.



Makeover Magic

Keri DiMichele - makeover winner

Keri was going through major changes in her life – changes that left her seeking rejuvenation in body and spirit. Following a very difficult time, including her husband's death, she was re-evaluating her life - who she was, what she was doing and where she was going. She felt like she had neglected herself.

And now, her hair was thinning. Keri had to work hard to camouflage the areas where her scalp was showing through. Dark circles under her eyes and a ruddy complexion exaggerated by her choice of colors in clothing diminished her overall look.

The team created a plan that brought Keri's true beauty to the forefront and let her spirit and beauty shine through.

In her words, "...the mirror reflects a soul in need of a band-aid, a body in need of exercise, dark circles in need of spackle and a head in need of some hair."

After an Image Consultation, the team created a plan to bring Keri's true beauty to the forefront and let her spirit shine through.

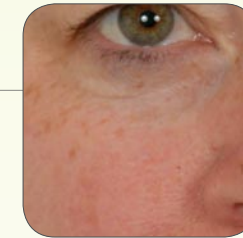
To view Keri's Makeover go to Renewingyou.tv - and click [JPaul Makeovers](#).



Keri - before

Skin Problem

Skin redness and some rosacea.



Solution

Laser resurfacing was recommended to combat Keri's red skin and rosacea. It is a safe and accurate way to restore skin to a smooth, soft and more youthful looking appearance.

Eyes Eye Brows

Problem

Thinning and fading eyebrows.



Solution

To help redefine Keri's fading brows, they were extended with an **eyebrow pencil** to create more of an arch to frame her face.

Another option is **micropigmentation** or permanent make-up. This process applies pigment just under the skin, similar to tattooing.



Hair

Problem

Hair thinning and loss.

Female hair thinning and loss are classified into two categories – diffusion and pattern. Diffusion is the percentage of thinning or loss in the pattern area and pattern is the extent of the diminished area of hair on the head. Keri was diagnosed as a Stage 2 pattern - where hair loss or thinning extends almost to the back part of the head - and Grade III diffusion (60-80 percent).

Solution

For Keri, an **integration system** was selected as the best and most practical solution for her thinning hair. Integration systems work in conjunction with a client's natural hair - adding hair – but only where it is needed. Integration systems

allow the client's natural hair to be pulled through. The system supplements her natural hair and both are styled together. With the integration system attached for safe extended wear, Keri can lead an active lifestyle with confidence.

Before the application of the integration system, Keri's growing hair was **reconditioned** and **rehydrated**. A **style** was created to complement her heart-shaped face. An all over



base color with highlights completed the look.

Lips

Problem

Unwanted facial hair.



Solution

Lip waxing is one of the most effective ways to get rid of unwanted hair in the lip area. It makes the hair grow back finer and less noticeable. For a more permanent procedure **laser hair removal** was recommended for Keri to consider.

Inner Beauty Solutions

Keri's transformation is just beginning. As her outer beauty continues to shine, she is working on her inner beauty. She was given a compact to carry with her with positive affirmations posted inside. Keri can look to these any time she needs that little extra boost of confidence.

Her journey to inner beauty is being enhanced through the *Renewing You 21-Day Makeover program* – an online, inspirational and motivational guide to inner beauty hosted by internationally known image coach, Jeffrey Paul. For more information, log on to www.renewingyou.tv - click *Inspirations*.

Keri DiMichele

Solutions Experts



Janna Chrissis

Image
Consultant

Mirage Hair Systems, Inc.

As an Image Consultant with an extensive career, Janna has created some amazing transformations for her clients.

She provides expert advice and coaching on hair, style, make-up and inner beauty, helping each client achieve their “look” – the one that makes them feel good inside and out.

Janna is also a specialist in Hair Restoration, offering a number of products and solutions to meet her clients' varying needs.

In addition to the services the salon offers, Janna has assembled a team of solutions experts (including doctors, dentists, fitness trainers) to work with her in helping clients achieve their individual goals.

Mirage
HAIR SYSTEMS INC.

www.miragehairsystems.com



renewingyou™

MAKEOVER CONTEST

Are you looking to be transformed?
Need a little renewing?
Looking for that extra boost of confidence?
Our expert team is looking for you!

The Renewing You Makeover Team is looking for people in need of renewal both inside and out. Whether it's stress, aging, illness or other circumstances that have caused your sparkle to fade, we want to hear your story.

To enter the Renewing You Makeover Contest, go to **renewingyou.tv**

Log on to www.renewingyou.tv to view the makeovers of our previous contest winners.



before



Beth Cobb